Living Legacy: Storytelling



Storytelling is a valuable interactive art form. It uses the written word, spoken word, and actions to reveal imagery and elements of a story's content while encouraging the imagination of the audience. We all have our own story, our own journey, and our own legacy to share with others. We often share our memories with friends and family. At TAPS we are all able to share our journey of grief with one another. We do so while realizing that each of us is our own person, we are all different, we all grieve differently, and we have our own memories and experiences. We each have our own special relationship with our lost military hero who plays an important role in our memories, our story, and our own life journey.

It is important document and share our stories to create a living legacy of ourselves, our families, our lost military heroes, our community, and our culture. Recording and sharing our memories and our life through storytelling is an important part of who we are and how we develop our legacy. Cultures all around the world pass along their values, traditions, heroes, myths, legacies, etc. through storytelling. Storytelling has existed for more than 35,000 years. We can honor our own legacy through storytelling. It also allows us to embrace the memories of our lost military loved one through storytelling. Our lost loved ones have value, as does the loss and grief we have experienced after their death.

Through sharing our stories, we create legacies. Our lives our honored and cherished as are those of our loved ones who have died. Storytelling allow us to create new memories and legacies as we share with others and they add to our experiences and stories. It is our hope that these materials will assist you in sharing your stories. Storytelling will allow you to embrace and own the journey you have traveled, the memories you create, and the legacy live.

Happy Storytelling!

STORYTELLING PROMPTS



VACATIONS

Did you take a vacation this summer?

YES

Where did you go on vacation?

What did you do on vacation?

What was your favorite vacation activity?

What vacations did you take with your lost loved one?

What has been your favorite vacation?

NO

Where have you gone on vacation?

What is your favorite vacation activity?

What vacations did you take with your lost loved one?

What has been your favorite vacation?



Family Memories

Do you have a favorite family memory?

YES

What was your favorite family memory?

What were you doing in your favorite family memory?

Who else was in your favorite family memory?

What were others in your family doing in the memory?

What is your favorite memory of your loved one and what were you doing with them?

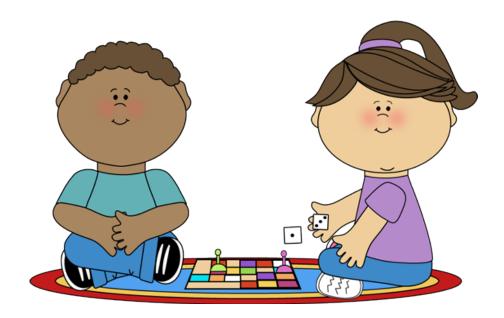
NO

What memories would you like to create with your family?

What would you be doing in the memory?

What would your family be doing in the memory?

What memory would you like to have with your lost loved one?



GAME PLAY

Did you play a game yesterday?

YES

NO

What game did you play?

Did you play this game with your lost loved one?

What was your favorite game to play with your loved one?

Did your lost loved one teach you any games?

Do you still play any game syour lost loved one taught you?

What games did you play with your lost loved one?

What was your favorite game to play with your loved one?

Did your lost loved one teach you that game?

Do you still play the game your lost loved one taught you?

CREATE STORYTELLING PROMPTS!

| My Storytelling Topics | | |
|------------------------|----------|--|
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BRAINSTORMING TOPICS



Brainstorming is the creative process through which a list of ideas is produced by individuals or teams. Ideas often spontaneously created and are recorded for use as topics of storytelling. It can be used to recall memories we want to share with others through storytelling.

STORYTELLING LOG

| Storytellers Name: | Date: | | | |
|--|-------------------------------|--|--|--|
| Topic: | | | | |
| What, who, where, why, when? | | | | |
| | | | | |
| | | | | |
| What did you feel about this moment? How did this memory impact you? | | | | |
| | | | | |
| | | | | |
| Why was this moment important to you? What do you want others t | o remember about this moment? | | | |
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STORYTELLING DRAFT

| Storytellers Name: | Date: |
|--------------------|-------|
| Topic: | |
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Storyteller's Log

| Storytellers Name: | | |
|--------------------|--------|--------|
| DATE: | TOPIC: | NOTES: |

STORYTELLING ALL YEAR LONG Keep track of your monthly storytelling topics!

| January | February | March |
|---------|----------|-----------|
| Apríl | May | June |
| July | August | September |
| October | November | December |