



Trail Mix



Yield: 4 servings



Total time: 30 minutes

Ingredients

Before making, please pick and choose any salty, fruity, and sweet snack of your preference. Some options are below.

1. 2 cups pretzels
2. 1 cup cashew halves, or nut of choice
3. 1 cup cheerios
4. 1 cup raisins or dried cranberries
5. 1 cup mini marshmallows
6. 1/2 cup M&M's or chocolate chips

Instructions

Measure out your trail mix ingredients and then place in a large bowl. Toss until mixed together. Place a 1/2 cup portion in snack bags for easy snacks on-the-go.

Resource: <https://www.iheartnaptime.net/kids-trail-mix/#wprm-recipe-container-69144>

Printable: https://www.iheartnaptime.net/wprm_print/69144
