FLAT MENTOR
Summer Adventure
Summer 2020
Hello!

We have missed you all so much and miss all the fun we have together at Good Grief Camp! Even though we are apart, we can still be connected and have fun together this summer!

Take me with you on your adventures and be sure to document our time together!

Email your pictures of us exploring together and we will share them on the TAPS social media page!

If you would like to request a mentor please contact us at mentors@taps.org and we will connect you to your very own mentor to begin The Flat Mentor Summer Adventure!
Directions:

1. Mentors will submit their request to participate in the Flat Mentor Summer Adventure by sending an email to mentors@taps.org (If you have already submitted NO need to resubmit)

2. On June 22nd information on Flat Mentor Summer Adventure will be released to all TAPS families via TAPS Magazine and social media (Facebook, Instagram, etc).

3. Families who are interested in participating in Flat Mentor will send in request to mentors@taps.org

4. Once requests are received from families they will be matched with mentor(s).

5. Mentors will be notified via email on who they have been matched with and contact information.

6. Mentors will send their “Flat Mentor” to the mentee along with a short introduction letter.

7. Families will be encouraged to send their Flat Mentee to their mentor(s) as well.

8. Throughout the summer mentors and families will stay connected and engaged via letters, photos, texts, and/or email.

9. Mentors and families are highly encouraged to send photos to mentors@taps.org of their Flat Mentor adventures throughout the summer to be highlighted.

10. Instructions on how to create your Flat Mentor are listed below.
## Summer Adventure Ideas:
Below are some ideas that you can do with your Flat Mentor throughout the Summer Adventure!

**HAVE FUN!!**

### FLAT MENTOR Summer Adventure

Some Ideas of things we can do together:

<table>
<thead>
<tr>
<th>Activity 1</th>
<th>Activity 2</th>
<th>Activity 3</th>
<th>Activity 4</th>
<th>Activity 5</th>
</tr>
</thead>
<tbody>
<tr>
<td>Let's read a book together!</td>
<td>Summer time means pool time! Let's go swimming!</td>
<td>Going on a walk would be amazing!</td>
<td>Lip Sync Challenge! Let's Sing your favorite song!</td>
<td>Build a blanket fort! Let's hang out in a fort!</td>
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<td>Let's do an act of kindness! What are ways we can be kind to others?</td>
<td>Let's Dance!! We can have a Dance Party!</td>
<td>Chill time. Let's just hang out!</td>
<td>I'm hungry! Let's make a pizza or your favorite dish</td>
<td>Can we take a bike ride together?</td>
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<td>Get the popcorn ready let's have a Family Movie night!</td>
<td>Can you build me an obstacle course?</td>
<td>Namaste! Let's work on our Yoga!</td>
<td>Let's just go play outside!</td>
<td>Can you teach me to draw some pictures?</td>
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<tr>
<td>Let's Play a video game?</td>
<td>Vacation! Let's go to the beach!</td>
<td>Let's do some chores together!</td>
<td>You are a Superhero! Dress up as a Superhero Day!</td>
<td>Knock - Knock! Tell a family member a funny joke!</td>
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Instructions: (Flat Mentor)

How to create your Flat Mentor:

1. Creating your Flat Mentor can be done by going to https://www.bitmoji.com/
2. Design your avatar to resemble you and please make sure your avatar is in a TAPS Mentor Shirt/gear.
3. To add the TAPS logo copy and paste:

4. You can then paste and copy into a word document.
5. Print it out and then you can glue it to cardstock or cardboard.
6. Once it is complete you are ready to mail to your mentee.
7. Have FUN!!!