

"Be the things you loved most about the people who are gone."

— Anonymous

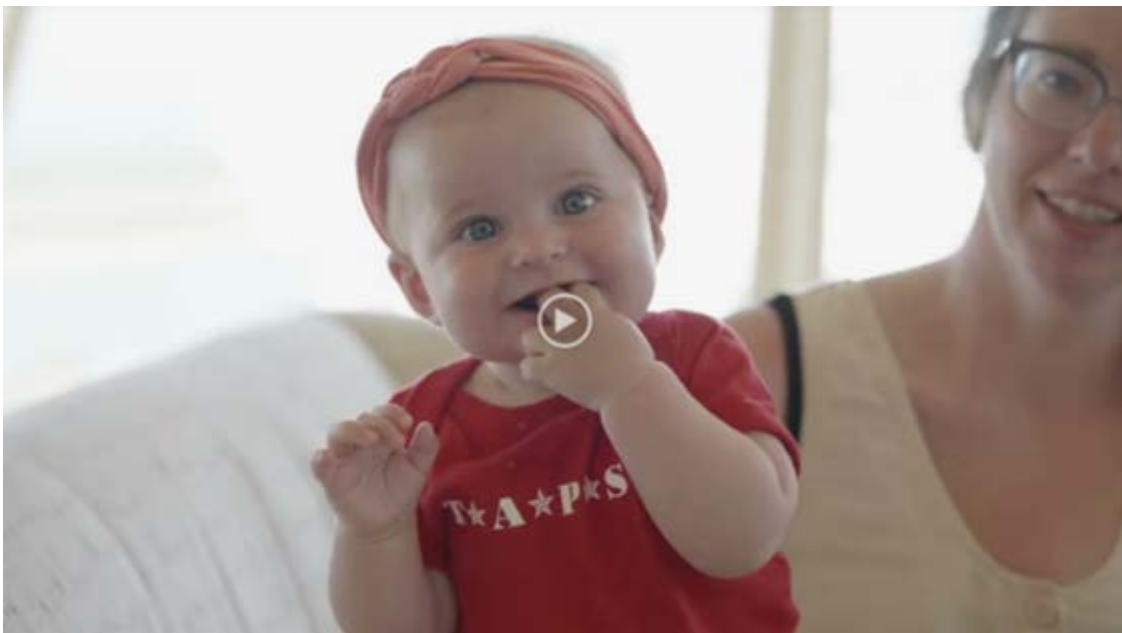


TRAGEDY ASSISTANCE PROGRAM FOR SURVIVORS

FAMILY NEWSLETTER

October 2023

GROW



TAPS Recognizes 29 Years of Serving Survivors

Twenty-nine years ago, on October 17, 1994, TAPS was founded to support survivors of fallen military heroes. In the last 29 years, we've grown and adapted to the changing face of military and veteran loss — all relationships, all manners of death, and any duty status. We are bonded by loss, but stronger together.

You bravely share your grief journey with TAPS and fellow survivors, and you honor your hero by being their living legacy. As we mark 29 years of serving survivors, we hope you'll continue to grow with us. Become a part of our Peer Mentor program by **requesting a Peer Mentor** or, when you are ready to support other survivors, **become a Peer Mentor**. Together, we heal.

Grow with TAPS

HEAL



Honoring Heroes at the Ballpark

As our friends in the Major League Baseball head into the post-season, we look back at another season spent honoring fallen heroes at ballparks across the country. We are grateful for the support of the Major League Baseball, and we are honored to help create memorable moments for our TAPS families, like this special experience for a TAPS family at Fenway Park.

[Read the Blog](#)

LEARN



TAPS Has an Online Group for You

At TAPS, we strive to support the unique needs of each peer group, relationship to the fallen, and cause of death to ensure you always have a safe space to grow with your grief. Mara, pictured above honoring her brother at the U.S. Army Airborne & Special Operations Museum, shares her story of homicide loss and how she found her place at TAPS to mark the first meeting of our new **Homicide Loss Online Group**.

[Learn More](#)

REFLECT



Southern Regional Military Survivor Seminar and Good Grief Camp

TAPS welcomed survivors to San Antonio, Texas, for a weekend of healing and community building. There is still time to register for our remaining 2023 seminars, and our 2024 seminar schedule will be released soon. Stay tuned to the TAPS Events page for updates at taps.org/events.



Great Smoky Mountains Parents Fishing Retreat

With support from the National Park Trust and Trout Unlimited, surviving parents ventured to the North Carolina mountains to heal their minds, bodies, and souls in a rustic setting alongside fellow survivors. Learn more about TAPS retreats and view upcoming events at taps.org/retreats.



Young Adults Midwest Experience

TAPS Young Adults met in Chicago, Illinois, to focus on the power of self-care through creative expression. Participants took in the sights and dabbled in all kinds of art and expression — storytelling, movement, painting, drawing, and more. Learn more about the Young Adults Program at taps.org/youngadults.



Gold Star Family Advocacy Week on the Hill

Nearly 100 survivors from all 50 states gathered in Washington, D.C., for the First Annual TAPS Gold Star Families Advocacy Week and Congressional Reception. Attendees walked the halls of Congress and joined TAPS in advocating for the Love Lives On Act and other legislation to support survivors' needs after loss. Visit taps.org/advocacy to see how TAPS works for survivors on the Hill.



Online Groups

By Relationship, Peer Group, &
Type of Loss

[Find a Group](#)



Community Events

TAPS Together, Care Groups, & Events
Happening Nationwide, Year-Round

[Find an Event](#)



Team TAPS Events

Honoring Loved Ones at Events
Nationwide

[Join the Team](#)



Retreats

Healing Getaways Happening Around
the Country

[Find a Retreat](#)



Young Adults Events

In-Person & Online Events
Survivors 18 to 30

[Find an Event](#)



Youth Programs

In-Person & Online Events
School-Aged Survivors and Parents

[Browse Events](#)

HONOR



At TAPS, we are dedicated to helping you honor the life and service of your fallen hero.

If you are looking for a special way to honor the life and service of your hero that also supports the TAPS mission, consider purchasing a tribute tile to be displayed prominently and permanently on the TAPS Honor Wall at our national headquarters in Arlington, Virginia.

[Order a Tile](#)

Compassionate TAPS support is available 24/7 via our National Military Survivor Helpline: **800-959-TAPS** (8277).



[Donate](#)



If you no longer wish to receive the TAPS Family Newsletter, please email info@taps.org.