

"April showers bring May flowers, but they also bring renewal and growth."
— Mandy Harrison

TAPS

TRAGEDY ASSISTANCE PROGRAM FOR SURVIVORS

FAMILY NEWSLETTER

April 2025

HOPE



Choosing Hope, Finding Healing

As we head into April, the National Month of Hope, we take a moment to reflect on the concept of hope and where it is easy to find or difficult to access in our own lives. As you'll read in this powerful story from a TAPS survivor, she and her family wrestled with moments when hope felt far away.

Our TAPS Family is here to help you find hope and healing in your own time, and once you've rediscovered it, hold on to it.

Grief, Joy, Hope, and Healing

GROW



Get A Breath of Fresh Air With TAPS Outdoors

This spring, TAPS Outdoors is hitting the road for an exciting eight-week journey, from April 1 through the National Military Survivor Seminar, as part of our A Breath of Fresh Air initiative. We'll be hosting 11 events, bringing healing and connection to survivors through outdoor activities and community, and reimagining our A Breath of Fresh Air online series!

Follow along as we share stories, updates, and photos from the road, and be awe inspired by the healing power of nature.

Follow Along

REFLECT

Moments of Healing and Connection

From outdoor activities to support groups, March was a month of connection, healing, and community for many survivors. Whether you joined us at one of our TAPS Together, attended a teams4taps event, or participated in a TAPS Institute for Hope and Healing workshop, your presence helped make these experiences unforgettable.



TAPS attends the Rangers Experience in Glasgow, Scotland.



TAPS families head to Georgia for Family Camp.



TAPS Young Adults in Tampa got together to learn the power of storytelling.



TAPS survivors spent time in Lake Placid engaging in Olympic-inspired activities

SHARE



teams4taps Starts Swinging with the Open of the MLB Season!

Join your TAPS Family at an MLB game this year! Share the special connection you have with your favorite MLB team or your favorite baseball-related story for the chance to attend a baseball game with teams4taps during the 2025 MLB season.

The Sports & Entertainment team at TAPS works with MLB teams across the country to create special experiences for families to honor and celebrate their lost loved ones with the teams they love. These exciting opportunities are designed especially for TAPS families whose loss occurred more than a year ago. If you are interested in sharing your story with us for the possibility of joining your TAPS Family for a meaningful MLB experience, please write to us at [**teams4taps@taps.org**](mailto:teams4taps@taps.org).

PLAN



2025 TAPS Military Survivor Seminars and Good Grief Camps

TAPS hopes to welcome you to a national or regional seminar and Good Grief Camp this year. View our 2025 seminar schedule below, and make plans to join us. Hotel rooms for both national events will be offered at a discounted group rate.

31st Annual National Military Survivor Seminar and Good Grief Camp

May 22-26, Arlington, Virginia

Northeast Regional Military Survivor Seminar and Good Grief Camp

July 10-13, Buffalo, New York

Western Regional Military Survivor Seminar and Good Grief Camp

August 22-24, Phoenix, Arizona

Southern Regional Military Survivor Seminar and Good Grief Camp

September 26-28, San Antonio, Texas

National Military Suicide Loss Survivor Seminar and Good Grief Camp

November 14-16, Phoenix, Arizona

Only for Suicide-Loss Survivors

In addition to our seminars, check taps.org/events regularly to see all the unique experiences as they become available. And, for support and community close to home, explore the **TAPS Care Groups** and **TAPS Togethers** happening near you and the **TAPS Institute for Hope and Healing** webinars available each month.

[Browse Events](#)



Online Groups

By Relationship, Peer Group, &
Type of Loss

Find a Group



Community Events

TAPS Togethers, Care Groups, & Events
Happening Nationwide, Year-Round

Find an Event



Team TAPS Events

Honoring Loved Ones at Events
Nationwide

Join the Team



Young Adults Events

In-Person & Online Events
Survivors Ages 18-30

Find an Event



Youth Programs

In-Person & Online Events
School-Aged Survivors and Parents

Browse Events



TAPS Institute

Workshops, Seminars, & Discussions for
the Bereaved and their Supporters

Browse Courses

Compassionate TAPS support is available 24/7 via our National
Military Survivor Helpline: **202-588-TAPS (8277)**.



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