

ART PROJECT

AGES 9-12

WITH ANGE MARIE DWYER

WELCOME

I am so excited to share an art project with you! Art is a wonderful way to express ourselves, our thoughts and our feelings using colors, words, paints, papers, fabrics and more. It is a chance to have a visual conversation with our soul. While it is sad we can't be together this year for nationals we can still share our creativity!

"I AM" MIXED MEDIA CANVAS PROJECT

Together we are going to create a vibrant canvas that is going to focus on who you ARE! You will be guided thru different prompts that will help you focus on who you are, what you are feeling, what is great about you and what your goals are for the future. We will take all of that information and mix it with paper, paint, glue and markers to create a fun personal piece of artwork. While this activity can be adapted to any age, the videos and explanations provided will be geared toward children ages 9 - 12 who have been provided the materials and a safe space to create in either alone or side by side with an older sibling, family member or adult.

SUPPLY LIST

Please use what you HAVE! I will show how you can use different materials to make this project work based on what you have at home. Art doesn't have to be expensive!

- A blank canvas preferably 8x10 or 12x14 (if you do not have a canvas a piece of thick piece of cardboard or old box cut to size will work too. I will show how to use both.)
- Bubble Wrap (or something with a fun texture on it)
- Acrylic Paints (any colors are great; 2 different complementary colors are ideal)
- Scissors
- Mod Podge (or Elmer's glue, or a glue stick)
- Permanent Marker (like a Sharpie. Anything that isn't washable. If you do not have one, I will show another option)

- Blank Paper (plain white paper or notebook paper)
- Scrap Papers (this can be anything fun and colorful. Old construction paper, scrapbook paper, or even colorful notebook paper)
- Plastic Ziploc Bag that your canvas will fit in (Saran Wrap/plastic Wrap, parchment or waxed paper will also work)
- Charcoal Pencil or Regular #2 Pencil



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