

RESEARCH & PUBLICATIONS

TAPS relies on empirical evidence and publications to provide the highest quality of comfort, care, and resources to all those grieving the death of a military or military loved one. To learn more, visit us at TAPS.org/Research to see additional research articles on TAPS programs, services, and military bereaved.

PEER SUPPORT

1 BARTONE, P. T., & DOOLEY, C. M. (2021). PEER SUPPORT FOR THE BEREAVED. PEER SUPPORT IN MEDICINE, 71-94. DOI.ORG/10.1007/978-3-030-58660-7_4



This article provides a comprehensive overview of the benefits of peer support for military survivors who have experienced the loss of a loved one. Drawing on existing research and the Tragedy Assistance Program for Survivors (TAPS) experience in providing professional peer support since 1994, this article outlines the TAPS model of care for the bereaved that consists of: 1) Stabilization, 2) Hopeful Reappraisal, and 3) Positive Integration. Overall, this paper highlights the importance of peer support for bereaved individuals, the foundation of TAPS.

2 BARTONE, P. T., BARTONE, J. V., GILENO, Z., & VIOLANTI, J. M. (2018). EXPLORATION INTO BEST PRACTICES IN PEER SUPPORT FOR BEREAVED SURVIVORS. DEATH STUDIES, 42(9), 555-568. DOI.ORG/10.1080/07481187.2017.1414087



This research explores the best practices in peer support for bereaved survivors, including military survivors. This study used a qualitative research design, where semi-structured interviews were conducted with 10 subject matter experts (SMEs) who had extensive experience as peer supporters and managers of peer support programs for those affected by a sudden unexpected death. This article highlights the need for peer support programs to be easily accessible, confidential, and provide a safe environment. The authors suggest that peer support programs help facilitate adaptation to loss and bring significant benefits to military survivors.

3 BARTONE, P. T., BARTONE, J. V., VIOLANTI, J. M., & GILENO, Z. M. (2017). PEER SUPPORT SERVICES FOR BEREAVED SURVIVORS: A SYSTEMATIC REVIEW. OMEGA - JOURNAL OF DEATH AND DYING, 80(1), 137-166. DOI.ORG/10.1177/0030222817728204



This article discusses how peer support services help military survivors who grieve the death of a military loved one. The review includes 32 studies that demonstrate the efficacy of peer support services in helping survivors process their grief, as well as how providing support has personal benefits for the peer supporters. The review used a thorough and systematic search of multiple databases and sources to gather information, concluding that peer support services can be valuable for military survivors and provides insights into their potential benefits.

4

BARTONE, P.T. (2017). PEER SUPPORT FOR BEREAVED SURVIVORS: SYSTEMATIC REVIEW OF EVIDENCE AND IDENTIFICATION OF BEST PRACTICES. ARLINGTON, VA: TRAGEDY ASSISTANCE PROGRAM FOR SURVIVORS.



This report provides a comprehensive analysis of TAPS program impact on individuals who have lost a loved one serving in the military. Utilizing both qualitative and quantitative methods to evaluate program impact, the data collected provides insights into the benefits of peer support, such as increased feelings of connectedness and decreased feelings of isolation. It also emphasizes the importance of receiving support after experiencing a military loss and highlights the benefits of connecting with others who have gone through similar experiences. This report demonstrates peer support is an effective way to cope with grief, and programs like TAPS provide valuable resources for those in need.

5

COOK, F. J., LANGFORD, L., & RUOCCO, K. (2017). EVIDENCE- AND PRACTICE-INFORMED APPROACH TO IMPLEMENTING PEER GRIEF SUPPORT AFTER SUICIDE SYSTEMATICALLY IN THE USA. DEATH STUDIES, 41(10), 648-658. DOI.ORG/10.1080/07481187.2017.1335552



This article highlights the need for systematic peer grief support for military survivors after suicide loss, and the framework presented by the authors for developing such support. This article emphasizes the importance of involving survivors and peer helpers in the design, execution, interpretation and dissemination of research studies by highlighting Tragedy Assistance Program for Survivors (TAPS) as a model program that provides comprehensive peer grief support services. This article is of interest to mental health professionals, suicide prevention advocates, organizations involved in providing support to people bereaved by suicide, the military community, and survivors who would like to learn more about the impact of peer support.



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