

MAY 2021

TAPS[®]
Tragedy Assistance Program for Survivors
FAMILY NEWSLETTER



*"The lives of those who we love and remember and honor are carved into our soul,
imprinted on our hearts and woven into the fabric of our nation.
They make us stronger, they inspire us, and in that way, they are eternal."*

- Bonnie Carroll, TAPS President and Founder



TAPS National Military Survivor Seminar and Good Grief Camp

May 28 - 31, 2021

Registration is still open for our National Seminar. We will have live-streamed sessions and special events available for you. Our in-person event is currently on a waitlist and we will welcome those off the waitlist as capacity allows, so please go ahead and register. Programming for adults, young adults, and our Good Grief Camp will provide the opportunity to connect, and find support. [Visit our website](#) to register and share this time of love, honor and remembrance with us.

TAPS Virtual Graduation Ceremony

June 13, 2021, 4 pm Eastern

TAPS would like to extend an invitation to graduating high school seniors to celebrate all you have accomplished! In addition to having our graduates recognized at the 2021 National Military Survivor Seminar and Good Grief Camp in Washington, D.C. this May, we are planning an online celebration so your TAPS family can remotely share this moment with you, your family, and friends and we can officially welcome you to the Young Adults Program. [Register today.](#)



Montana Men's Retreat

August 30 - September 3, 2021

Grief can take you out of your comfort zone. It's easier to distance yourself, hide your emotions, and pretend you have everything under control. But when you see that others share this journey, you can find new ways to grow and heal. Step away from the stressors of life and get into nature where you can focus on yourself, honor your loved one, and connect with other men who understand. [Applications are open from May 1 - 20.](#)

On Memorial Day, We #HonorThem

"For me, Memorial Day weekend is my favorite weekend of the year. I know that on that weekend, everyone who ever knew my husband, Sgt. Maj. Rob Bowman, is remembering him and honoring his life and service." As we move into May, we will be sharing stories of reflection. To begin, surviving spouse Coleen Bowman shares her memories of the past, and what this sacred time means to her now, as she starts new traditions and continues old ones to honor and carry forward the legacy of her husband and all those who have given their lives in service. We invite you to read [Coleen's story](#) and encourage to share your own thoughts on what this day holds for you. Email editor@taps.org with your stories.



Share the Journey in the Alaska Wilderness

Alaska Survivor Experience

Team 1: July 11-16, 2021

Team 2: July 18-23, 2021

Join your TAPS family for an awe-inspiring journey near Anchorage, Alaska. We will paddle across a glacial lake, hike to the top of Gold Star Peak, and connect with nature in a way that only the Alaskan wilderness and its culture can provide. Together, we'll have a unique opportunity to honor our loved ones and connect with each other in a truly epic outdoor setting.

Submit Your Application May 1 - 15

Caregiver to Survivor - New Video Chat

Sierra Backpacking Expedition

August 18-22, 2021

Join with other caregivers who supported their loved ones through a devastating illness. Together we will honor our loved ones, share the unique emotions, issues, and challenges facing bereaved caregivers, and provide support to one another. We will navigate how to reshape our new reality, explore caring for ourselves again after physically caring for our loved ones, and find respite and encouragement together in this new community. We hope to see you there. If you haven't registered with our Online Community, visit our website and [register today](#).

Check our Full Chat Schedule and Join Us!



The TAPS Institute for Hope and Healing® serves as a resource and training center, providing a hub for high-quality collaboration between professionals working in the field of grief and loss. Webinars and resources offer practical information on coping with loss and are accessible to all who seek current strategies, the most effective tools, and best practices for supporting those who are grieving and those who serve the grieving. Visit our website to find the current [Institute schedule](#) as well as [previous sessions](#) available on-demand.



TAPS is here for you!

[Get Help with Benefits](#) | [Connect to Peer Support](#)
[Find a Grief Counselor](#) | [Join our Online
Community](#)

Support and care are available to you 24/7/365.

Call our Helpline at 202. 588.TAPS (8277) and visit us at [TAPS.org](https://www.taps.org)

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